



## Ms. Audrey

Military Family Life Counselor (MFLC)

Email

aanderson-teshima@sandi.net

Phone

Mobile: (619) 209-9808

E-mail: aanderson-teshima@sandi.net

Phone: (619) 209-9808

Ext.: 619-605-8100 x.3315

Room: Office D (Media Center)

Department: Counseling

Last Updated: September 29, 2021

## DISTANCE LEARNING LINKS

### Welcome Counselors, Military Parents, and Students:

Please note, office hours are first-come; first-served basis with a 10-minute maximum *if* someone is waiting in the waiting room. If additional support is needed, an appointment may be made for a personal face-to-face Zoom meeting at your convenience.

MFLC services provided to students must have parent permission prior to each session. Open office hours are limited to providing additional resources, check-ins, answering questions, non-medical counseling services.

Zoom is HIPAA compliant and meets all federal and school guidelines.

## SYLLABUS

 [Audrey- Feb 2021 Military Connected GroupsMFLC Office Hours \(2\).pdf](#)

## LINKS

About the [MFLC Program](#)

## PICTURES



Feb 2021 Military Connected Groups MFLC Office Hours.jpg



# CANYON HILLS HIGH SCHOOL



## ABOUT CANYON HILLS HIGH SCHOOL

### VISION

Canyon Hills High School is a diverse community of active learners, inclusive of all people and voices, committed to preparing our students to be lifelong independent learners ready for the complexities and challenges of tomorrow.

### MISSION

We embrace our diverse community and promote equity, inclusion, respect, and self-advocacy. We achieve academic success, without feeling the pressure of conformity, by engaging in complex issues with creativity and collaboration to support our growth and learning.

Core Values (How do we live our mission to achieve our vision?)

#### Equity

We create and learn in our culturally responsive and inclusive classroom communities.

We empower students to express their ideas and voice.

We celebrate and raise up unique ways of learning.

We open access and provide equitable support through our systems to promote success for all.

We do not exclude or create barriers for some by ensuring our systems and policies are inclusive.

#### Belonging

We embrace diversity in a multiethnic world.

We feel valued, seen, and included.

We welcome all in a safe environment.

We model respect and place relationships at the forefront.

We support our students' emotional and academic needs in partnership with families and the community.

#### Thriving

We hold high expectations for ourselves and our students.

We teach relevant academics and skills that promote success beyond high school.

We create student-centered, academically challenging environments.

We promote self-advocacy and ownership of learning.

We provide multiple pathways to success.

We measure our growth and success over time as a means of continuous improvement.

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## HELPFUL LINKS

[Canyon Hills High School's Home Page](#)

<https://www.sandiegounified.org/schools/canyonhills>

**Principal Renfree's Blog**

<https://serrahighschool.wixsite.com/blog>

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